

## EXAMINATION FORM

Complaints: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

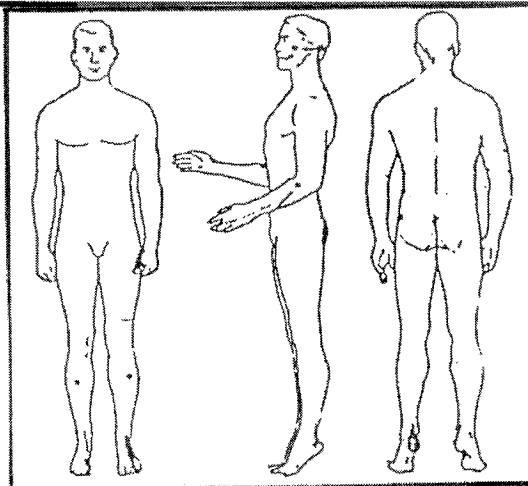
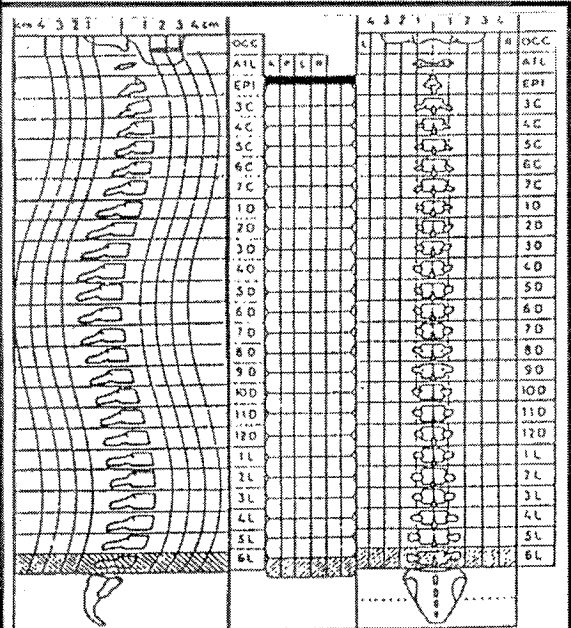
Date \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Temp: \_\_\_\_\_ Sex: \_\_\_\_\_

Pulse Rate: \_\_\_\_\_ Resp rate: \_\_\_\_\_ Major Hand L R

Blood Pressure: Lying \_\_\_\_\_ / \_\_\_\_\_ Standing: \_\_\_\_\_ / \_\_\_\_\_



Diagnosis: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### PATIENT STANDING

#### APPEARANCE

Well Nourished \_\_\_\_\_ Debilitated \_\_\_\_\_  
 Fair \_\_\_\_\_ Disfigured \_\_\_\_\_  
 Poor \_\_\_\_\_ Obese \_\_\_\_\_

#### AMBULATION

#### GAIT

Normal \_\_\_\_\_ Normal \_\_\_\_\_  
 Impaired \_\_\_\_\_ Visual Limp \_\_\_\_\_  
 Pain \_\_\_\_\_ Walk Toe-in \_\_\_\_\_  
 Needs Assistance \_\_\_\_\_ Walk Toe-out \_\_\_\_\_

Heel Walk L \_\_\_\_\_ R \_\_\_\_\_  
 Toe Walk L \_\_\_\_\_ R \_\_\_\_\_  
 Baby Step \_\_\_\_\_

#### NEUROLOGICAL

Romberg \_\_\_\_\_  
 Finger to finger \_\_\_\_\_  
 Finger to nose \_\_\_\_\_  
 Toe to shin \_\_\_\_\_

#### ORTHOPEDIC TESTS

Kemp's L \_\_\_\_\_ R \_\_\_\_\_  
 Trendelenberg L \_\_\_\_\_ R \_\_\_\_\_  
 Lewin Test L \_\_\_\_\_ R \_\_\_\_\_  
 Minor's Sign L \_\_\_\_\_ R \_\_\_\_\_

### SPINAL - POSTURE

Head Tilt L N R Rotation L N R  
 Shoulder Tilt L N R Rotation L N R  
 Hip Tilt L N R Rotation L N R

#### LUMBAR RANGE OF MOTION

|                    | Deg.             | Pain  |
|--------------------|------------------|-------|
| Flexion (95)       | _____            | _____ |
| Extension (35)     | _____            | _____ |
| Right Lateral (40) | _____            | _____ |
| Left Lateral (40)  | _____            | _____ |
| Right Rot. (35)    | _____            | _____ |
| Left Rot. (35)     | _____            | _____ |
| Adam's Sign        | _____ from floor | _____ |

### PATIENT SEATED

Dynamometer Grip 1st L \_\_\_\_\_ R \_\_\_\_\_  
 2nd L \_\_\_\_\_ R \_\_\_\_\_  
 Handedness: \_\_\_\_\_ 3rd L \_\_\_\_\_ R \_\_\_\_\_

#### PERIPHERAL SENSITIVITY TEST

Arms L R Neck L R  
 Legs L R Back L R

Radiculitis Hypersthesia  
 Paresthesia Positional  
 Anesthesia Vibratory  
 Hypesthesia

### REFLEXES

Biceps (C 5-6) L \_\_\_\_\_ R \_\_\_\_\_  
 Triceps (C 7-8) L \_\_\_\_\_ R \_\_\_\_\_  
 Radial (C 5-6) L \_\_\_\_\_ R \_\_\_\_\_  
 Patellar (L4) L \_\_\_\_\_ R \_\_\_\_\_  
 Achilles (S1) L \_\_\_\_\_ R \_\_\_\_\_

Bechterew's L \_\_\_\_\_ R \_\_\_\_\_  
 Dejerine's Triad \_\_\_\_\_

### TESTS

Adson's (Scalene) L \_\_\_\_\_ R \_\_\_\_\_  
 Wrights (Hyperabduction) L \_\_\_\_\_ R \_\_\_\_\_  
 Allen's (Vascular) L \_\_\_\_\_ R \_\_\_\_\_  
 Eden's (Costoclavicular) L \_\_\_\_\_ R \_\_\_\_\_  
 Cervical Compression L \_\_\_\_\_ R \_\_\_\_\_  
 Jackson Compression L \_\_\_\_\_ R \_\_\_\_\_  
 Rotation Compression L \_\_\_\_\_ R \_\_\_\_\_  
 Cervical Decompression L \_\_\_\_\_ R \_\_\_\_\_

George's Test (CVA) L \_\_\_\_\_ R \_\_\_\_\_  
 Arc of Abduction L \_\_\_\_\_ R \_\_\_\_\_  
 Froment's Test L \_\_\_\_\_ R \_\_\_\_\_

Deltoid (C5) L \_\_\_\_\_ R \_\_\_\_\_  
 Wrist Extension (C6) L \_\_\_\_\_ R \_\_\_\_\_  
 Wrist Flexion (C7) L \_\_\_\_\_ R \_\_\_\_\_  
 Finger Curl (C8) L \_\_\_\_\_ R \_\_\_\_\_  
 Finger Spread (T1) L \_\_\_\_\_ R \_\_\_\_\_  
 Cold Hands L \_\_\_\_\_ R \_\_\_\_\_

| CERVICAL RANGE OF MOTION |        |       |       |
|--------------------------|--------|-------|-------|
| Flexion                  | (0-40) | _____ | _____ |
| Extension                | (0-40) | _____ | _____ |
| R Lateral                | (0-40) | _____ | _____ |
| L Lateral                | (0-40) | _____ | _____ |
| R Rotation               | (0-85) | _____ | _____ |
| L Rotation               | (0-85) | _____ | _____ |

| PALPATORY TENDERNESS    |   |       |   |
|-------------------------|---|-------|---|
| Greater Occipital Nerve | L | _____ | R |
| Brachial Plexus         | L | _____ | R |
| Superior Cerv. Ganglion | L | _____ | R |
| Middle Cerv. Ganglion   | L | _____ | R |
| Inferior Cerv. Ganglion | L | _____ | R |

| PATIENT SUPINE          |   |       |   |
|-------------------------|---|-------|---|
| Straight Leg Raise      | L | _____ | R |
| Fajersztajn's           | L | _____ | R |
| Braggard's              | L | _____ | R |
| Patrick Fab.            | L | _____ | R |
| Soto Hall               |   | _____ |   |
| Lindner's               |   | _____ |   |
| Double Leg Raise        |   | _____ |   |
| Gaenslen's              | L | _____ | R |
| Babinski                | L | _____ | R |
| Ankle Clonus            | L | _____ | R |
| ASIS - Medial Malleolus | L | _____ | R |
| Umbilicus - Med. Mall.  | L | _____ | R |

| MENSURATION |   |       |   |
|-------------|---|-------|---|
| Arm         | L | _____ | R |
| Forearm     | L | _____ | R |
| Thigh       | L | _____ | R |
| Leg         | L | _____ | R |

| PATIENT PRONE         |   |       |   |
|-----------------------|---|-------|---|
| Nachlas'              | L | _____ | R |
| Ely's                 | L | _____ | R |
| Hibb's                | L | _____ | R |
| Mennell's Sign        | L | _____ | R |
| Derifield Test:       |   |       |   |
| Legs Extended         | L | _____ | R |
| Legs Flexed           | L | _____ | R |
| Head Turned           | L | _____ | R |
| Piriformis Press Test | L | _____ | R |

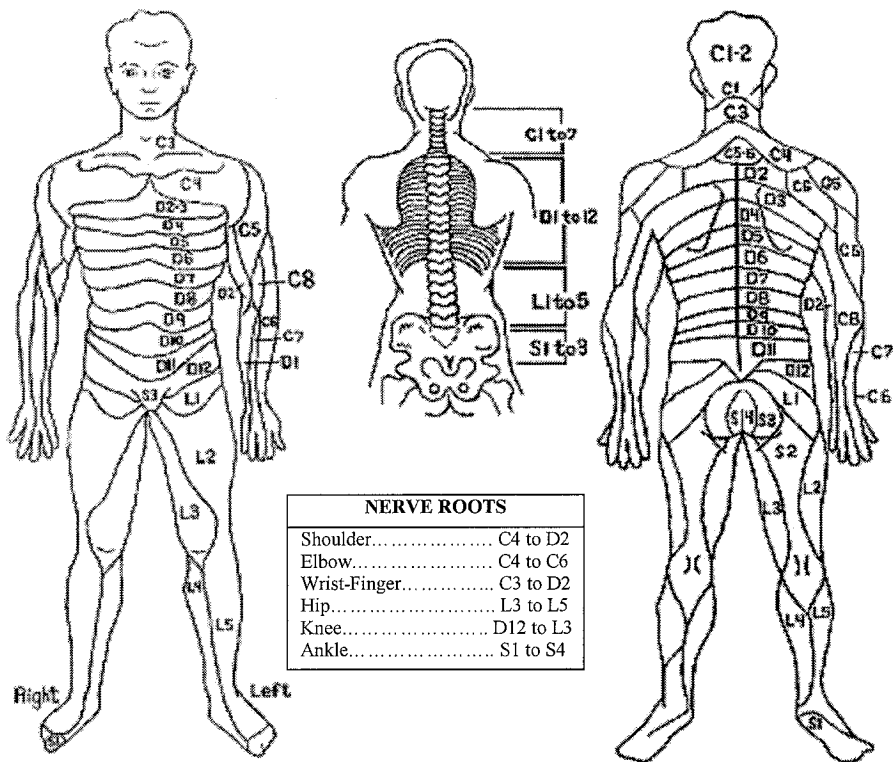
| TENDERNESS |  |       |  |
|------------|--|-------|--|
| Palpatory  |  | _____ |  |
|            |  | _____ |  |
| PAIN       |  |       |  |
| Percussive |  | _____ |  |

| CERVICAL                     |        |   |         |
|------------------------------|--------|---|---------|
| Upper Trapezius              | C3,4   | R | _____ L |
| Opponens Pollicis Med        | C8,T1  | R | _____ L |
| Adductor Pollicis Ulnar      | C8, T1 | R | _____ L |
| Latisimus Dorsi              | C6,7   | R | _____ L |
| Subscapularis                | C6     | R | _____ L |
| Teres Minor                  | C5     | R | _____ L |
| Biceps Long Head             | C5,6   | R | _____ L |
| Triceps - wrist straight     | C7,8   | R | _____ L |
| Triceps - wrist flexed       | C7,8   | R | _____ L |
| Triceps - wrist extended     | C7,8   | R | _____ L |
| Brachio-Radialis             | C5,6,7 | R | _____ L |
| Coroco - Brachialis          | C5,6   | R | _____ L |
| Rhomboid                     | C4,5   | R | _____ L |
| Serratus Anticus             | C5,6,7 | R | _____ L |
| Pectoralis Major Clavicular  | C5,6   | R | _____ L |
| Pectoralis Major Sternal     | C7,8   | R | _____ L |
| Anterior Deltoid - Bilateral | C5,6   | R | _____ L |
| Supraspinatus - Bilateral    | C4,5,6 | R | _____ L |
| Mid Deltoid - Bilateral      | C5,6   | R | _____ L |
| Teres Major                  | C6,7   | R | _____ L |

| MUSCLE TESTS    |        |   |         |
|-----------------|--------|---|---------|
| Piriformis      | (L5)   | L | _____ R |
| Gluteus Medius  | (L5)   | L | _____ R |
| TFL             | (L5)   | L | _____ R |
| Psoas           | (L3)   | L | _____ R |
| Adductors       | (L4)   | L | _____ R |
| Rectus Fem      | (L2)   | L | _____ R |
| Gluteus Maximus | (L5)   | L | _____ R |
| Plantar flexion | (S1)   | L | _____ R |
| Hamstrings      | (L4-5) | L | _____ R |
| Popliteus       | (L5)   | L | _____ R |
| Vastus          | (L3-4) | L | _____ R |

| SHOULDER            |  |   |         |
|---------------------|--|---|---------|
| Abduction Stress    |  | L | _____ R |
| Dugas'              |  | L | _____ R |
| Yergason's          |  | L | _____ R |
| Apley's Scratch     |  | L | _____ R |
| Supraspinatus Press |  | L | _____ R |
| Drop Arm            |  | L | _____ R |
| Dahbarn's Sign      |  | L | _____ R |

| ELBOW                  |  |   |         |
|------------------------|--|---|---------|
| Triceps - Neutral      |  | L | _____ R |
| Triceps - Extension    |  | L | _____ R |
| Triceps - Flexion      |  | L | _____ R |
| Cozen's Test           |  | L | _____ R |
| Mazion's Test          |  | L | _____ R |
| Mill's Test            |  | L | _____ R |
| Kaplan's Sign (medial) |  | L | _____ R |



**NERVE ROOTS**

Shoulder..... C4 to D2  
 Elbow..... C4 to C6  
 Wrist-Finger..... C3 to D2  
 Hip..... L3 to L5  
 Knee..... D12 to L3  
 Ankle..... S1 to S4